



creative solutions :  
**designed & delivered**

## Steelman

Engineering has expanded its core fabrication operation to support the manufacture and supply of a range of sport's training equipment direct to the marketplace.

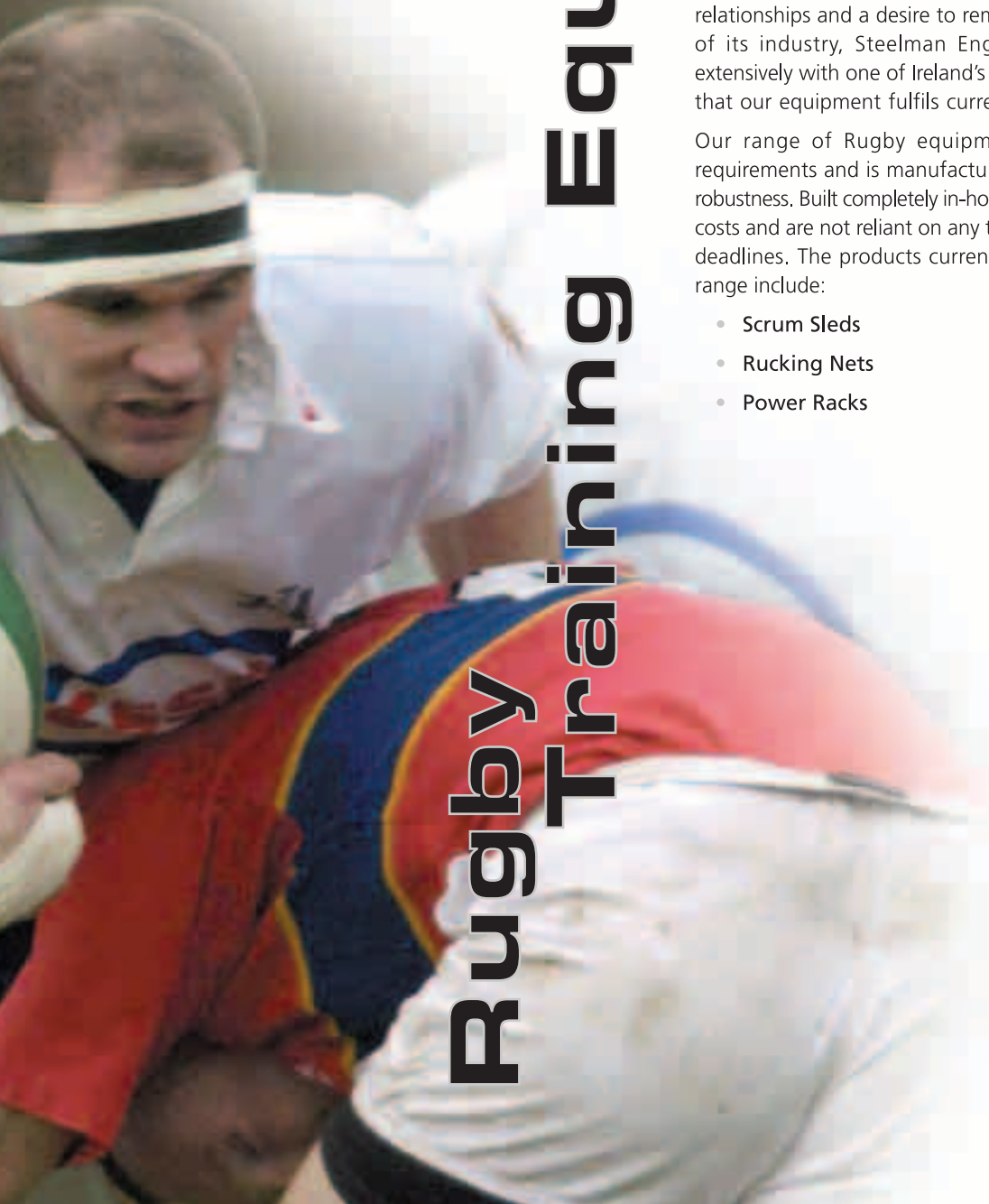
With a reputation that has been founded on uncompromising quality, exceptional customer relationships and a desire to remain at the forefront of its industry, Steelman Engineering has worked extensively with one of Ireland's top Rugby clubs to ensure that our equipment fulfils current training requirements.

Our range of Rugby equipment meets all technical requirements and is manufactured to the highest level of robustness. Built completely in-house, we are able to manage costs and are not reliant on any third party to meet delivery deadlines. The products currently available in our Rugby range include:

- Scrum Sleds
- Rucking Nets
- Power Racks



# Rugby Training Equipment



steelman engineering  
**Rugby Training Equipment**  
 raise your game



Scrum Sled

**Made to Order.**

If you have a product in mind, we are always happy to discuss your requirements and design equipment to suit your needs. Since the introduction of professionalism into top-flight Rugby, the level of competition has increased exponentially at all levels. Training is now critical if games are to be won. Steelman Engineering produces non-compromised training equipment. We are the manufacturer and fabricate everything in-house; therefore quality is never at risk. Cost reduction through the elimination of middlemen is passed onto you, the customer.



Rucking Net

**Scrum Sled**

Designed in consultation with championship winning players, the Scrum Sled is robust with features that work for you and your team. Features include:

Spring loaded pads to monitor individual performance

Movable weight box; standard 200kg base weight increasing to a maximum of 800kg

Anti slip durbar plate platform

Solid welded construction

Quick release anti vandal pads

**Rucking Net**

The Rucking Net conditions players to adopt the correct body height and angle.

Improves ruck, maul and point of contact training. It also improves grid training. Features include:

Adjustable net height for different ages and abilities

Strong galvanised tubular 4m x 4m frame

Easy to assemble

Industrial grade net with quick connect elasticised carabines at each corner

**Power Rack**

The Power Racks are designed to allow individuals to train alone without the help of a spotter.

They are extremely effective and versatile training tools. Features include:

Size: 90" high, 48" wide, 36" deep

Drilled feet extend front and rear

Uprights drilled every 3" from 1 to 6 feet

2 adjustable barbell hooks on locking pins

2 adjustable safety bars on locking pins

Chin up bar

Fully welded construction for strength and durability



Power Rack

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